

# TRAINING TOPICS

# TRAINING FREQUENCY

Consolidated Digital Publishing Inc.

**Initial**  
Prior to initial exposure

**Annual**  
Once per year

**Periodic**  
At least once a year or at a more frequent rate if necessary

Training Topic	Initial	Annual	Periodic
Employee Rights & Responsibilities	✓	Recommended	Recommended
Hazard Communication	✓	Recommended	Recommended
Lockout/Tagout	✓	Recommended	Recommended
Lockout/Tagout Periodic Inspection	✓	✓	
Electrical Safety	✓	Recommended	Recommended
Machine Guarding	✓	✓	
Personal Protection Equipment (PPE)	✓	Recommended	Recommended
Respiratory Protection	✓	✓	
Respirator Fit Test	✓	✓	
Forklift Training (Classroom)	✓	Recommended	Recommended
Forklift Training (Hands-on/Certifications)	✓	Recommended	Required every 3 years
Emergency Action Plan	✓	Recommended	Recommended
Fire Safety	✓	✓	
Bloodborne Pathogens (BBP)	✓	✓	
Hearing Conservation	✓	✓	
Fall Protection	✓	Recommended	Recommended
Fall Arrest Harness	✓	Recommended	Equipment issuance/change
Confined Space	✓	✓	
Overhead Crane	✓	Recommended	Recommended
Construction Crane	✓	Recommended	Recommended
Ladder Safety	✓	Recommended	Recommended
Powered Hand Tools	✓	Recommended	Recommended
Arc Flash (unqualified persons)	✓	Recommended	Recommended
Laser Safety	✓	Recommended	Recommended
Combustible Dust	✓	Recommended	Recommended
Aerial Lift Safety	✓	Recommended	Recommended
Ergonomics	✓	Recommended	Recommended
Heat Stress	✓	Recommended	Recommended
Welding & Hot Work Safety	✓	Recommended	Recommended